

Social Media's Role in Shaping Adolescent Identity

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Abstract. This article examines the role of social media in adolescent identity formation. By analyzing data from over 500 teenagers, the study identifies key patterns in how social media influences self-perception and peer relationships. The findings suggest that while social media can enhance social connectivity, it also poses challenges to self-esteem and identity stability. The implications for educators and parents are discussed.

Keywords: social media, adolescent identity, self-perception, peer relationships, mental health

Introduction

The proliferation of social media has transformed the landscape of adolescent identity formation. As teenagers navigate the complexities of self-discovery, social media platforms offer both opportunities and challenges. This study explores how social media influences adolescent identity, drawing on data from over 500 participants. We identify patterns in self-perception and peer interaction, revealing the dual role of social media in enhancing connectivity and posing risks to self-esteem. Our findings suggest that while social media can support socialization, it also necessitates critical engagement from educators and parents to mitigate negative impacts.

This is a preliminary version. To read the full version of the article, please purchase a subscription.

References

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