

# The Role of Emotional Intelligence in Leadership Effectiveness

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**Abstract.** This article examines how emotional intelligence (EI) influences leadership effectiveness in organizational settings. Using qualitative methods, the study explores the relationship between EI and key leadership competencies. Findings suggest that leaders with higher EI are better at managing teams and fostering a positive work environment, contributing to organizational success.

**Keywords:** emotional intelligence, leadership, organizational success, qualitative research, team management

## Introduction

Emotional Intelligence (EI) is increasingly recognized as a critical factor in effective leadership. Defined as the ability to understand and manage one's emotions and the emotions of others, EI impacts various aspects of leadership, including decision-making, team management, and conflict resolution. This study employs qualitative research methods to explore the correlation between EI and leadership effectiveness across different organizational contexts. In-depth interviews and observational data were collected from leaders in various industries. The results indicate that leaders with high EI are more adept at navigating complex interpersonal dynamics and promoting a positive organizational culture. These insights underscore the importance of developing EI in leadership training programs.

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