

Emotional Intelligence and Leadership Effectiveness

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Abstract. This article investigates the relationship between emotional intelligence (EI) and leadership effectiveness. Emotional intelligence refers to the ability to recognize, understand, and manage one's own emotions and the emotions of others. By analyzing various leadership models and their connection to EI, this study highlights how leaders with high emotional intelligence can influence organizational success. The research findings suggest that emotional intelligence is a critical component of effective leadership, impacting decision-making, team dynamics, and organizational outcomes. This article provides valuable insights into the role of emotional intelligence in enhancing leadership capabilities.

Keywords: Emotional Intelligence, Leadership, Organizational Success, Team Dynamics, Decision-Making

Introduction

In recent years, emotional intelligence (EI) has garnered significant attention as a key factor influencing leadership effectiveness. EI refers to the ability to perceive, understand, and manage emotions in oneself and others. Leaders with high emotional intelligence are often more adept at navigating complex interpersonal dynamics, making informed decisions, and fostering positive team environments. This article delves into the intricate relationship between emotional intelligence and leadership, examining various leadership models and their connection to EI. By exploring empirical studies and theoretical frameworks, we aim to elucidate how emotional intelligence enhances leadership capabilities. The findings underscore the importance of emotional intelligence in shaping effective leadership, ultimately contributing to organizational success. Understanding this relationship provides valuable insights for developing leadership training programs that emphasize emotional intelligence as a core component.

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